



t. 604.858-9947
e. info@ascendfitnesscoaching.com
w. www.ascendfitnesscoaching.com

July 17, 2014

Greetings,

If you are reading this letter, you have been connected to Donna Dixon, and therefore are a very lucky person.

I first met Donna in the spring of 2012, during the launch of the Chilliwack Hospital and Health Care Foundation. I run a private fitness studio in Chilliwack; we were introduced to each other as we share the common passion to make Chilliwack a healthier place.

During my first meeting with Donna, I quickly learned that the enormous amount of vibrant energy that she put into making Chilliwack a better place to live went far beyond her role with the Chilliwack Hospital and Health Care Foundation. Donna met every project and role with enthusiasm, passion and professionalism. For example, Donna organized a series of healthy living seminars to employees of local organizations. Her enthusiasm for health was contagious. Yet, at the same time, she was always able to listen to, and identify with each person. She sought feedback after each presentation and took measurable action steps to make each seminar better.

With her relentless motivation and vibrant nature, Donna would bring a wealth of knowledge, experience and passion to whichever project or role that she happens upon.

I am deeply grateful to have met Donna. If you would like to contact me, I would be honored to share more kind words about Donna Dixon.

Sincerely,

Tanja Shaw, BSc.
Owner, Ascend Fitness Inc.